



Nordoff-Robbins
Music Therapy
Australia

December 2009

Dear Songwriter Member of APRA,

As a songwriter you will know how the writing and playing of a new song can allow you to convey feelings and emotions that you might otherwise find difficult to express. Many, perhaps most, memorable songs carry a message of love or grief, happiness or despair.

At the Golden Stave Music Therapy Centre we are attempting to help people of all ages with physical, psychological and emotional problems to attain a higher level of wellbeing through the use of Creative Music Therapy. Very often, particularly with teenagers and young adults experiencing the difficulties of reaching maturity and perhaps with troubled lives at home or at school, we find that writing their songs about their feelings is a way of starting the healing process.

Through being an entrant in the Vanda and Young Songwriting Competition, and through your generosity Nordoff-Robbins will be able to extend its work with young people.

If you would like to know more about us and music therapy please go to our website www.nordoff-robbins.com.au and you would be very welcome to visit our Centre.

Thank you and we wish you every success with your songwriting.

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Therapist and Director

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